



Welcome to the Emerald City Netball Club 2009 Season

ABOUT THE CLUB

Emerald City Netball Club is a Washington Non-Profit Corporation founded by netball enthusiasts in 2006 that came together and have volunteered their time for the love of the game. We provide a fun club atmosphere where people of different nationalities can get together to learn or improve playing skills while making new friends.

Our goal is to build and foster an organization that teaches, develops and promotes the game in schools, and to individuals in the greater Seattle area.

We are also currently working with other Associations and Clubs within the USA and Canada to help establish Netball in the Seattle and Washington area, as well as provide regular games, both competitive and social to our members.

We know you will enjoy it! Here are a few things you will need to know regarding the season and also some general information about the club.

BECOMING A MEMBER

There are no limitations to the number of ECNC members. Membership is open to all regardless of race, color, religion, national origin, sex, marital status, age or sexual orientation. There are five membership types available: Senior, Junior, Senior Casual, Junior Casual and Affiliate

ECNC **SENIOR** Members shall:

- Be subject to a membership due,
- Routinely attend team training sessions,
- Commit to routinely participate in ECNC seasonal competitions,
- Commit to represent the Club by participating in tournaments as able,
- Wear Club uniforms when participating in representational games,
- Commit to know, learn and play to the official international rules of netball,
- Be subject to sit, and pass an Official Netball Umpire examination,
- Actively participate in at least one (1) ECNC fundraising activity per financial year, and
- Support the Club in every endeavor.

ECNC **SENIOR CASUAL** Members:

These members shall be the same as the Senior Member, however they have decided that they want to play netball, but not be attached to a team. They will play as and when they are available, and are needed. The Casual Member will still pay a Yearly Membership fee and a reduced rate season fee (see table below) at the beginning of the season. If they end up playing more than 5 games in any season, they will need to pay the full season fee, by paying the deficit to the club at the end of the applicable season.

ECNC **JUNIOR** members shall:

- Be between 5 and 18 years of age,
- Be subject to a Junior membership due,
- Attend team training sessions as able,
- Commit to participate in ECNC seasonal junior competition as able, and
- Support the Club in every endeavour.

ECNC **JUNIOR CASUAL** Members:

These members shall be the same as the Junior Members, however they have decided that they want to play netball, but not be attached to a team. They will play as and when they are available, and are needed. The Casual Member will still pay a Yearly membership fee and a reduced season fee (see table below) at the beginning of the season. If they end up playing more than 5 games in any season, they will need to pay the full season fee, by paying the deficit to the club at the end of the applicable season.

ECNC **AFFILIATE** members shall:

- Be non-playing members,
- Be subject to an Affiliate membership due,
- Support the Club in every endeavour.

MEMBERSHIP DUES AND PAYMENT

	Yearly Membership	Spring Season	Fall Season
Senior membership	\$25.00	\$55.00	\$45.00
Junior membership	\$25.00	\$25.00	\$15.00
Senior Casual membership	\$25.00	\$30.00	\$20.00
Junior Casual membership	\$25.00	\$15.00	\$10.00
Affiliate membership	\$25.00	-	-

All members may also be subject to pay applicable venue drop-in fees for game and/or training venues as required. Fees are correct at the time of printing and are subject to change.

Yearly membership fees shall be on a calendar year basis from 1st Jan- 31 December. Yearly membership dues are to be paid by the end of March. Spring Season Membership fees should be paid no later than the end of April. Fall Season membership dues need to be paid by the end of September.

All overdue Membership Dues will be subject to an additional 20% penalty.

We do offer a three attendance 'grace period' while you decide if netball is the sport for you. Once you make the decision to continue with the club, please complete the appropriate player profile and submit this with your membership payment to an Executive member on or before your fourth attendance.

Dues can be given in person to the Treasurer or mailed to: Emerald City Netball Club, The Treasurer, PO Box 3432, Bellevue, WA 98004.

MEMBERSHIP BENEFITS

- Two seasons of netball - Spring and Fall Season,
- Drop In Summer Scrimmages,
- On going training and development from our Coaching and Development Officer,
- Opportunity to play at tournaments entered by the club,
- Opportunity to play other club competitions,
- Opportunity to help with youth development,
- Opportunities to train and gain umpiring experience,
- Opportunity to become involved in the ECNC committee if interested,
- Regular social activities with other members,

TRY OUTS AND REGISTRATION

Spring Season:

The season runs from March 28th 2009 – June 6th 2009.

Pre Season Training starts on March 7th. Trials for the Spring Season are on March 14th **at Marymoor Park, Redmond** from 10am – 12pm and March 19th **at Ballard Community Center** from 7pm – 9pm.

Fall Season:

Try outs for the fall season will be held in **September 2009 at Ballard Community Center and Marymoor Park**. Teams will be selected as per the Spring Season format.

Teams will be selected based on playing ability and will be graded A, B, C, etc. **All players who try out will be placed in a team.** If you are unable to attend try outs please advise Lisa Washington, Development Officer at development@seattlenetball.com you will then be placed in a team based on previous playing ability and/or by mutual evaluation. Teams will be handicapped to even the playing field.

Once teams have been selected a draw/schedule and team lists will be completed and forwarded to all players. **Games will commence on Saturday March 28 at Marymoor Park, 6046 W Lake Sammamish Parkway NW, Redmond, WA.** The season is scheduled to finish June 6. These dates are subject to change.

PLAYING NETBALL AT EMERALD CITY NETBALL CLUB

Codes Of Conduct

Players

The following are general guidelines for members of the Emerald City Netball Club.

- Play for fun and enjoyment.
- The most important goal is making the most of your abilities.
- Work equally hard for yourself and your team.
- Be a good sport and cheer all good play.
- Cooperate with your coach and your teammates.
- Respect your coach and fellow players.
- Show courtesy to officials, umpires and your opposition.

For trainings you are expected to:

- Attend and be on time.
- Advise your coach if you cannot make training and why.
- Respect and listen to your coach and fully participate in all trainings.
- If you have questions/problems these should be raised with your coach during or of trainings.
- If you have any queries/problems that you feel you cannot raise with your coach, contact your team Captain or the Technical Development Manager.

For games you are expected to:

- Wear the correct Club uniform.
- Respect umpires decisions. If you disagree have your Captain or coach approach the official during a break or after the game.
- Control your temper. It is NOT acceptable to verbally abuse officials or other players or deliberately contact or provoke an opponent.
- Play to your full ability and respect your coach's decision and advice.
- Understand and play by the rules.

Coaches

The following are guidelines for you as a coach.

- Display a professional manner with regard to language, preparation, planning and presentation.
- Ensure that the equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- Encourage effort and skill; this will increase self-esteem and self-confidence.
- Remember a player's main reason for playing is for fun!
- Be a role model for the principles of fair play and ensure players display the same qualities.
- Show respect, and encourage players to show respect for opponents, teammates, umpires, officials and spectators.
- Ensure players develop their skills and enjoy play by using positive, specific and constructive feedback.
- Avoid over-playing the talented players, the "just-average" players need and deserve equal time.

- Make a personal commitment to keep yourself informed of sound coaching principles.

WEBSITE

Our website at www.seattlenetball.com is updated regularly and is a fantastic source of information about both netball and the latest on what's happening at Emerald City Netball Club.

MERCHANDISE

A variety of Emerald City Netball Club merchandise can be purchased at our online CaféPress store at www.cafepress.com/ecnc or by visiting our website and clicking on the direct link.

CLUB CONTACTS

If you have any questions, or would like more information about becoming a member, please contact one of the Executive members listed below or visit us on-line at www.seattlenetball.com

President: Karen Horsfield

Vice-President: Anna Tuke

President@seattlenetball.com

Vicepresident@seattlenetball.com

Secretary: Becky Handsheiw

Treasurer: Rebecca Riddell

Secretary@seattlenetball.com

Treasurer@seattlenetball.com